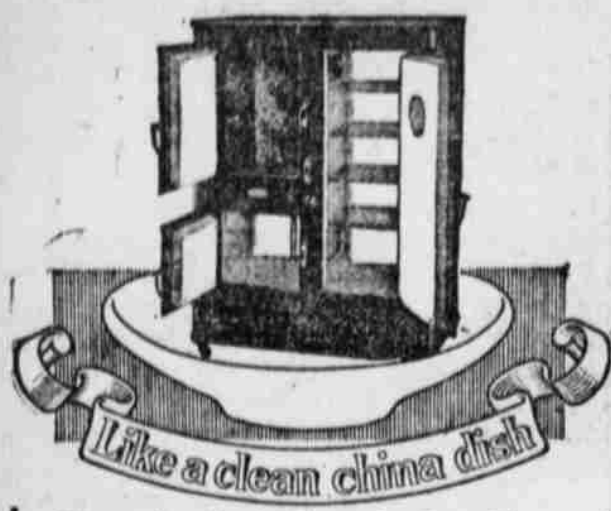


water to prevent scorching until the heat extracts the juice of the fruit; boil slowly for thirty minutes; pour into a cheese cloth or fine sieve and allow to drain dry, without any pressing; then boil the liquid down one-half; add as much alcohol (best grain) as you have juice, and bottle while warm, corking tightly. The fruit must not be stirred while boiling or while draining; the scum must be removed while the boiling is in process, and when pouring off no sediments must be allowed to go through with the juice.

To make orange or lemon extract, take three lemons (or oranges, according to the extract you intend



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FOOT REMEDY CO.
3521 W. 26th St.
Chicago



(Continued from Preceding Page)

or short and there is a narrow belt of the sacque material.

7283—Ladies' Apron—Cut in one size. Nice for afternoon wear or when doing very light housework. This apron has a bib in front, which forms a wide collar or yoke across the shoulders in the back. The lower portion covers only the front and sides of the dress and dips in a long point.

7293—Children's Rompers—Cut in sizes 1, 2 and 3 years. This novel design has the inseam of the leg buttoned together so that there is no need of any opening across the waistline in the back. Each half of the body and trousers is cut in one piece, joined at shoulder and under arm, and the closing is in the back.

7162—Boy's Dutch Suit—Cut in sizes 2, 4, 6 and 8 years. One of the novelties is shown in this model. The skirt is very plain and snug with front closing and large collar at the neck. The sleeves may be long or short. The trousers are buttoned on the outside of the waist at a raised waistline.

7593—Ladies' Dress—Cut in sizes 34 to 42 inches bust measure. Plain and practical this dress has a side front closing, with a high, flare collar at the sides and back of the plain, high neck. The long sleeves are fitted and finished without a cuff unless shortened. The skirt has a deep yoke below which are three gores.

7001—Ladies' Shirt-Waist—Cut in sizes 34 to 44 inches bust measure. This practical waist has a plain back, which extends over the shoulders, forming a small yoke to which the fronts are attached after being gathered at the top. The closing is in front and leaves the neck open, with a small, fancy collar as a finish. The fitted sleeves are full length and end in a cuff.

7110—Boy's Russian Suit—Cut in sizes 2, 4 and 6 years. This simple suit has a plain coat blouse, closing in front, with the neck open and trimmed with a wide collar. There is an inner shield with standing collar which may be made detachable. The trousers are opened at the sides and may have a straight lower edge or bloomer finish.

7603—Ladies' Dress—Cut in sizes 34 to 44 inches bust measure. Gracefully simple this dress has a plain blouse with diagonal closing, the neck slightly open, with chemisette and wide, turnover collar as a finish. The sleeves may be long or short. The skirt has three gores.

7132—Girl's Dress—Cut in sizes 6, 8, 10, 12 and 14 years. The ornamental straps which trim this dress and make it fancy can be omitted, but this is not advisable. The waist closes in front, with plain open neck or with wide collar. The two-piece skirt has a reversed box plait at each side seam to give it fullness.

7189—Boy's Blouse—Cut in sizes 6, 8, 10, 12 and 14 years. This model is short, with a gathering tape at the waist and has a convertible collar, to be worn either closed or open. The sleeves may be long or short and the closing is in the front.

7152—Ladies' Dress—Cut in sizes 34 to 44 inches bust measure. This serviceable frock has a plain blouse, with the collar of moderate size at the neck, which is somewhat open. The sleeves are plain and may be made full length or short. The skirt has a two-piece yoke and to this the three gore lower portion is attached without fullness.

7597—Ladies' Apron—Cut in one size. This bungalow apron is all but a dress. It is in one piece, and is slipped over the head. It may have a side front opening as well. The neck is low, the sleeves short and it has a

making); slice thin into a glass jar holding a quart, and add one pint of best grain alcohol; let stand covered for two weeks, then remove the fruit, squeeze it dry, add one-third water, bottle and cork tightly. To make vanilla extract, get of your druggist four vanilla beans, break them in small pieces, pour over them equal parts of water and alcohol and set away for two weeks before using, leaving the beans in the extract. This amount will give one quart of good vanilla extract at a small cost. The cheap extracts on the market are made from the essential oils, and are not so wholesome, but much cheaper than that made from fruits.

Some housewives have a glass fruit jar holding alcohol, and into this they throw all the peels of either lemon or orange, and thus get a very good article of extract; but that made from the whole fruit is best. The cost of alcohol has largely increased, as has almost everything else; but it will pay to use the best in making the extract. Under no circumstance should wood alcohol be used, as that is poisonous.

For the Toilet

There are a few precautions which women should observe when frequenting the water, either at the swimming pools or the vacation on the lake or seashore. The ordinary cap of oil cloth is not in itself quite enough to prevent water from reaching the hair, but if silk oil-cloth is bought by the yard and two strips prepared they will prove much more effective, and the cap may be worn for appearance sake. Cut a strip about four inches wide that will pass entirely around the head and fasten at the back; in putting this on, let it cover the forehead at least an inch, and see that it is tight enough not to slip. Comb the hair all back and pin on top of the head in a secure knot, using shell pins; then wind another strip of the oiled silk in such a fashion that every inch of the head and hair is closely covered. The cap should have an elastic that also fits very snugly, and not be likely to loosen from the too-great roughness of the water. If in salt water, and the hair gets wet, she should rinse it well in clear soft water.

QUITE NECESSARY

An American stopping at a London hotel rang several times for attendance, but no one answered. He started for the office in an angry mood, which was not improved when he found that the "lift" was not running. Descending two flights of stairs, he met one of the chambermaids.

"What's the matter with this dashed hotel?" he growled. "No one to answer your call and no elevator running."

"Well, you see, sir," said the maid, "the Zeps were reported, and we were all ordered to the cellar for safety."

"!" ejaculated the American. "I was on the fifth floor, and I wasn't warned."

"No, sir," was the bland reply, "but you see, sir, you don't come under the Employers' Liability act, sir."—Boston Transcript.

small patch pocket. Gathers hold it in at the waistline.

7421—Ladies' Skirt—Cut in sizes 22 to 32 inches waist measure. The full skirt is among the most popular and this design preserves the slenderness of the hip outline by the use of a deep yoke. This is fitted in the center back and at the sides and closes in front. Below the yoke the material is adjusted in three gores.

7104—Ladies' Skirt—Cut in sizes 22 to 32 inches waist measure. This design gives us one of the new circular skirts with a deep yoke which is also circular. It may have either raised or regulation waistline. The lower portion of the skirt is in one piece and measures 2 7-8 yards around the lower edge in the medium size.